

## Kilimanjaro 8 day climb via Lemoshoro route

This non-technical Kilimanjaro camping route is relatively new and one of the most popular routes currently chosen for ascending Kilimanjaro for its scenery, views and route profile. The route starts in the remote west Kilimanjaro area through the forest reserve and generally is much quieter due to its distant starting point. The route approaches the Kibo cone through the Shira Plateau and eventually joining the southern circuit passing the small 'scrambling' (using your hands and legs) section at the Barranco wall which truly gives you that mountain climbing feeling without any special equipment or experience.

**Itinerary code:** STTK14+1

**Level:** Beginner to Intermediate

**Ascent / descent:** Lemoshoro / Mweka

**Days on the mountain:** 8

**Price range:** High

**Acclimatization:** High

**Total days on your itinerary:** 10

**Nights spent in:** Mountain tents

**Circuit:** Southern circuit

## We are externally monitored on each Kilimanjaro trek for...








Fair working minimum wage – Transparent tipping procedures  
Salaries paid within 2 working days – All staff meals provided on trek  
Proper sleeping tents for crew – fair load weights for porters  
Crew transport to remote gates - Sustainable tour practices







### PLEASE NOTE

All bookings are subject to availability until the booking status indicates 'Confirmed'. Your booking and any payments made are subject to our standard [terms and conditions](#) found at the end of this document. [Important information](#) for travel to Tanzania is indicated on the last page of this quote. Please check your dates, includes, itinerary carefully before booking a tour and clarify any questions in advance with your consultant.

# Detailed Itinerary

Date	Daily information and program	Overnight
<b>Start of itinerary-----</b>		
05 October 2025	<b>Arrival and pre-climb briefing day</b>  <p>Today has no planned activities and is only an arrival day for you to reach your base lodge in time for a pre-climb briefing (<b>time to be confirmed</b>) with your mountain guide. Check in – 1400hrs</p> <p><b>Approx. driving distance:</b> None  <b>Approx. trekking distance:</b> None  <b>End altitude:</b> Unknown  <b>Altitude gain:</b> Unknown</p> <p><b>Approx. trekking time:</b> None  <b>Start altitude:</b> Unknown  <b>Highest Altitude reached:</b> Unknown  <b>Meals included:</b> Dinner</p>	<b>Kilimanjaro Wonders Hotel</b>  <p><b>Style:</b> Mid to high range hotel  <b>Location:</b> Moshi (Shanty Town), outside of town center  <a href="#">Website</a>  <a href="#">Reviews</a></p> <p><b>Alternative:</b>  <b>Maridadi Hotel</b>   <p><b>Style:</b> Mid-range hotel  <b>Location:</b> Moshi, outside of town center  <a href="#">Website</a>  <a href="#">Reviews</a></p> </p>
06 October 2025	<b>Moshi to Lemosho gate to Big tree (Mti Mkubwa) camp</b>  <p><b>Zone:</b> Rain forest</p> <p>You will be transferred by road from <b>Moshi (09:00am)</b> to Lemosho gate. After registration you continue on the 4x4 track till the trail head where you begin your trek through the <b>rain forest zone</b> with your guide. The forest is thick and diverse with flora / fauna, and you may experience rain this afternoon which is common in this zone making the path slightly slippery. A short and winding path takes you steadily to the first camp.</p> <p><b>Approx. driving distance:</b> 2-3 hours  <b>Approx. trekking distance:</b> 7km / 4.5mi  <b>End altitude:</b> 2780m or 9120ft  <b>Altitude +gain / -loss:</b> +680m or +2230ft</p> <p><b>Approx. trekking time:</b> 3-4 hours  <b>Start altitude:</b> 2100m or 6890ft  <b>Highest Altitude reached:</b> 2780m or 9120ft  <b>Meals included:</b> Breakfast, picnic lunch, dinner</p>	<b>Big tree (Mti Mkubwa) Camp</b>  <p><b>Style:</b> Shared Public campsite  <b>Location:</b> Rainforest, Kilimanjaro National Park  <b>Altitude:</b> 2780m or 9120ft  <b>No websites</b>  <b>No reviews</b></p>

# Detailed Itinerary

Date	Daily information and program	Overnight
07 October 2025	<b>Big tree (Mti Mkubwa) camp to Shira one camp</b>  <p><b>Zone: Heather &amp; Moorland</b></p> <p>This morning you quickly leave the forest zone on a steep path as the dense vegetation slowly eases into the <b>Heather and moorland</b> zone. The remainder of the day takes you on a steady hike across the Shira ridge where views of the Shira peak (the third of Kilimanjaro's volcanic cones) gives you the spectacular jagged scenery of this eroded peak.</p> <p><b>Approx. driving distance:</b> None  <b>Approx. trekking distance:</b> 7km / 4.5mi  <b>End altitude:</b> 3505m or 11500ft  <b>Altitude +gain / -loss:</b> +725m or +2380ft</p> <p><b>Approx. trekking time:</b> 4-5 hours  <b>Start altitude:</b> 2780m or 9120ft  <b>Highest Altitude reached:</b> 3505m or 11500ft  <b>Meals included:</b> Breakfast, picnic lunch or lunch, dinner</p>	<b>Shira One Camp</b>  <p><b>Style:</b> Shared Public campsite  <b>Location:</b> Heather &amp; moorland, Kilimanjaro National Park  <b>Altitude:</b> 3505m or 11500ft  <b>No websites</b>  <b>No reviews</b></p>
08 October 2025	<b>Shira One camp to Shira Cathedral Peak to Shira Two camp</b>  <p><b>Zone: Heather &amp; Moorland</b></p> <p>Today's hike takes you gradually across the Shira Plateau within the <b>heather and moorland</b> and an optional extra hike to the Shira Cathedral peak (3880m) before gradually taking you to Shira two camp. Shira is the third of Kilimanjaro's volcanic cones and has been shaped by lava and volcanic activity to create a stunning jagged peak and offering a unique western view of Kibo, the highest of the peaks and your final destination on the tour.</p> <p><b>Approx. driving distance:</b> 0 hours  <b>Approx. trekking distance:</b> 6km / 4mi  <b>End altitude:</b> 3845m or 12615ft  <b>Altitude +gain / -loss:</b> +340m or +1115ft / -27m or -90ft</p> <p><b>Approx. trekking time:</b> 3-5 hours  <b>Start altitude:</b> 3505m or 11500ft  <b>Highest Altitude reached:</b> 3872m or 12705ft  <b>Meals included:</b> Breakfast, picnic lunch or lunch, dinner</p>	<b>Shira Two Camp</b>  <p><b>Style:</b> Shared public campsite  <b>Location:</b> Heather &amp; moorland, Kilimanjaro National Park  <b>Altitude:</b> 3845m or 12615ft  <b>No websites</b>  <b>No reviews</b></p>
09 October 2025	<b>Shira Two camp to Lava Tower to Barranco camp</b>  <p><b>Zone: Heather &amp; Moorland</b></p> <p>Your hike today takes you towards Kibo cone steadily climbing up and over the edges of the <b>alpine desert</b> to your first high altitude at the lava tower (4630m or 15190ft). Today helps you to acclimatize and also is a great indicator to see how your body can handle the higher altitude. From the Lava Tower you begin your steep descent anti clockwise around Kibo and into the Barranco Valley passing the large flowering mountain cacti (Kilimanjaro Senecios) unique to Kilimanjaro. The day ends around the same elevation as you started on the edge of the <b>heather and moorland</b>.</p> <p><b>Approx. driving distance:</b> None  <b>Approx. trekking distance:</b> 10km / 6mi  <b>End altitude:</b> 3960m or 12990ft  <b>Altitude +gain / -loss:</b> +785m or +2575ft / -670m or -2200ft</p> <p><b>Approx. trekking time:</b> 6-8 hours  <b>Start altitude:</b> 3845m or 12615ft  <b>Highest Altitude reached:</b> 4630m or 15190ft  <b>Meals included:</b> Breakfast, picnic lunch or lunch, dinner</p>	<b>Barranco Camp</b>  <p><b>Style:</b> Shared public campsite  <b>Location:</b> Heather &amp; moorland, Kilimanjaro National Park  <b>Altitude:</b> 3960m or 12990ft  <b>No websites</b>  <b>No reviews</b></p>



# Detailed Itinerary

Date	Daily information and program	Overnight
10 October 2025	<b>Barranco camp to Karanga camp</b>  <p><b>Zone: Alpine desert</b></p> <p>This morning you will leave the camp and ascend the Barranco wall. This is an impressive non-technical scramble and gives a feeling of mountain climbing (without any previous experience or advanced equipment required) and is rewarded with a superb view from the top back into the camp and the Heim glacier on the peak. The remainder of the hike will be through the <b>alpine desert</b> slowly winding around the mountain till the Karanga valley which you descend into and again up till your camp. Karanga valley is the last water point.</p> <p><b>Approx. driving distance:</b> None  <b>Approx. trekking distance:</b> 6km / 4mi  <b>End altitude:</b> 4040m or 13255ft</p> <p><b>Altitude +gain / -loss:</b> +290m or +955ft / -210m or -690ft</p> <p><b>Approx. trekking time:</b> 3-5 hours  <b>Start altitude:</b> 3960m or 12990ft  <b>Highest Altitude reached:</b> 4250m or 13945ft</p> <p><b>Meals included:</b> Breakfast, picnic lunch or lunch, dinner</p>	<b>Karanga Camp</b>  <p><b>Style:</b> Shared public campsite  <b>Location:</b> Alpine desert, Kilimanjaro National Park  <b>Altitude:</b> 4040m or 13255ft  <b>No websites</b>  <b>No reviews</b></p>
11 October 2025	<b>Karanga camp to Barafu Camp</b>  <p><b>Zone: Alpine desert</b></p> <p>Today you climb almost casually through the empty landscape of the <b>alpine desert</b> where you keep a slow pace even though the path is not extremely steep. Kibo cone starts to near, and you may finally glimpse the Mawenzi peak (Kilimanjaro's second peak) in the east. The short distance means you have plenty of time at your summit camp to rest and prepare for the summit attempt tonight.</p> <p><b>Approx. driving distance:</b> None  <b>Approx. trekking distance:</b> 4km / 2.5mi  <b>End altitude:</b> 4640m or 15225ft</p> <p><b>Altitude +gain / -loss:</b> +600m or +1970ft</p> <p><b>Approx. trekking time:</b> 3-4 hours  <b>Start altitude:</b> 4040m or 13255ft  <b>Highest Altitude reached:</b> 4640m or 15225ft</p> <p><b>Meals included:</b> Breakfast, picnic lunch or lunch, dinner</p>	<b>Barafu Camp</b>  <p><b>Style:</b> Shared public campsite  <b>Location:</b> Alpine desert, Kilimanjaro National Park  <b>Altitude:</b> 4640m or 15225ft  <b>No websites</b>  <b>No reviews</b></p>
12 October 2025	<b>Barafu Camp to Stella point to Uhuru peak to Mweka camp</b>  <p><b>Zone: Arctic</b></p> <p>In the early morning (around 00:00am) you begin your final ascent to the summit of Uhuru peak through the <b>arctic</b> zone. The trek is a steep hike over loose volcanic scree through the dark and cold night and takes a slow pace in a zig-zag pattern towards Stella point (5685m or 18650ft) which is your first stop on the Kibo crater rim. From here a short (but difficult) hike remains to take you to Uhuru Peak (5895m or 19341ft), the highest point in Africa. You usually don't spend that long at the peak due to the extreme altitude and will descend back down to the base camp for your breakfast / brunch. After your gear is packed up you continue the descent through the alpine desert, heather and moorland and eventually stopping at Mweka camp in the rain forest zone for a well-deserved rest.</p> <p><b>Approx. driving distance:</b> None  <b>Approx. trekking distance:</b> 19km / 12mi  <b>End altitude:</b> 3080m or 10105ft</p> <p><b>Altitude +gain / -loss:</b> +1255m or +4116ft / -2815m or -9236ft</p> <p><b>Approx. trekking time:</b> 14-18 hours  <b>Start altitude:</b> 4640m or 15225ft  <b>Highest Altitude reached:</b> 5895m or 19341ft</p> <p><b>Meals included:</b> Breakfast, picnic lunch or lunch, dinner</p>	<b>Mweka Camp</b>  <p><b>Style:</b> Shared public campsite  <b>Location:</b> Rainforest, Kilimanjaro National Park  <b>Altitude:</b> 3080m or 10105ft  <b>No websites</b>  <b>No reviews</b></p>

## Detailed Itinerary

Date	Daily information and program	Overnight
13 October 2025	<p><b>Mweka camp to Mweka gate to Moshi town</b></p>  <p><b>Zone: Rain forest</b></p> <p>Your final day on Kilimanjaro is a descent through the southern <b>rain forest</b> until Mweka gate where our vehicle will be waiting to take you back to <b>Moshi</b> town. Usually, the crew will leave you at Mweka gate and it's a perfect opportunity to say goodbye to your crew who all generally head directly home from the end gate.</p> <p><b>Approx. driving distance:</b> 1 hour  <b>Approx. trekking distance:</b> 10km / 6mi  <b>End altitude:</b> 1630m or 5350ft  <b>Altitude +gain / -loss:</b> -1450 or 4755ft</p> <p><b>Approx. trekking time:</b> 3-4 hours  <b>Start altitude:</b> 3080m or 10105ft  <b>Highest Altitude reached:</b> 3080m or 10105ft  <b>Meals included:</b> Breakfast, Celebration lunch, dinner</p>	<p><b>Kilimanjaro Wonders Hotel</b></p>  <p><b>Style:</b> Mid to high range hotel  <b>Location:</b> Moshi (Shanty Town), outside of town center  <a href="#">Website</a>  <a href="#">Reviews</a></p> <p><b>Alternative:</b>  <b>Maridadi Hotel</b></p>  <p><b>Style:</b> Mid-range hotel  <b>Location:</b> Moshi, outside of town center  <a href="#">Website</a>  <a href="#">Reviews</a></p>
14 October 2025	<p><b>Departure day or continue with next activity</b></p>  <p>Today has no planned activities and is only a departure day for you head home, continue with your next tour activity or book extra nights to recover. Speak to a tour consultant for all of your options.  Check out – 1000hrs</p> <p><b>Approx. driving distance:</b> None  <b>Approx. trekking distance:</b> None  <b>End altitude:</b> Unknown  <b>Altitude gain:</b> Unknown</p> <p><b>Approx. trekking time:</b> None  <b>Start altitude:</b> Unknown  <b>Highest Altitude reached:</b> Unknown  <b>Meals included:</b> Breakfast</p>	<p><b>None included but optionally available</b></p>

**Note: The campsite photos may be similar, and the measurements/trekking distance may not be exactly accurate**  
**End of itinerary-----**

## \* Tipping guidelines and recommendations

Tanzania has a tipping culture, and your support team may expect (though will never demand) a tip from your group at the end of the tour. As a responsible operator, we want to ensure that our tipping procedures are transparent and clear for both the support team and you the client. Based on your current group size, the expected support team and tipping guidelines are as below. You should budget for this in addition to the total tour cost.

Dedicated crew members	Minimum number expected	Suggested / recommended tip
Mountain guides	Subject to final group size	USD \$225 per hiker / participant To be distributed to the crew as a minimum of USD \$85+ per guide, per trek*, USD \$45+ per porter, per trek*, USD \$65+ per cook, per trek*
Mountain porters (estimated)	Subject to final group size	
Mountain cook	Subject to final group size	
Extra porters or crew members (if booking premium add-ons or upgrades)	Subject to item booked	USD \$85+ per guide / USD \$45+ per porter / USD \$65+ per cook

**Please note all amounts above are suggested per staff member from the whole group combined. Your crew will prefer their trips in USD (\$), bank notes printed after 2006 only however you can also pay in a local currency (Tanzanian Shillings) if required.**

Some crew members may have additional responsibilities or go above and beyond the standard call of duty. Although not compulsory, you are always welcome to add more for any or all crew members and it is popular for hikers to offer the following a slightly larger tip: Head guide, waiter, dishwasher, personal porters, toilet porters, cook.

## Find out more or ask your consultant all the questions you need to!

[Click to sign up to our free Kilimanjaro email preparation guide](#)



Or copy / paste into your browser:  
<https://eepurl.com/iovGbo>

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Or copy / paste into your browser:  
<https://www.shah-tours.com/kilimanjaro-preparation/planning-your-kilimanjaro-trek/>

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Or copy / paste into your browser:  
<https://www.shah-tours.com/kilimanjaro-preparation/what-to-expect-on-kilimanjaro/>

# Important Information (please read!!)

Some important points that we feel any person visiting Tanzania should be aware of

## Emergency contact(s)

**+255627060504 or +255752087290 or +255745941518 (WhatsApp) or [info@shah-tours.com](mailto:info@shah-tours.com).**

We highly recommend calling (standard call not over the internet) where the emergency requires immediate attention as internet in Tanzania is not 100% reliable.

## COVID 19 (Corona virus) entry requirements

As of 12 January 2023, all travelers (vaccinated or unvaccinated) are exempt from any RT-PCR or vaccine proof requirements at all Tanzanian ports. From time-to-time port officials may perform a free COVID-19 Rapid Test for surveillance purposes.

## Vaccinations & Yellow Fever Entry requirements:

A yellow fever vaccination is mandatory to travelers arriving from countries with a risk of yellow fever transmission (generally other African countries or South American countries, please request a full list from your tour consultant). This condition also applied to travelers who transit in a country with a risk of yellow fever transmission for 12 hours or more. Tanzania is defined as a 'low risk' country for Yellow Fever by the WHO. No other entry vaccinations are required by our government.

## Visa

Most travelers will require a visa to enter Tanzania. It is advisable to obtain your visa before arrival, although visas are available on arrival (for some nationalities). It is your own duty to ensure you have a visa and valid travel documents for your tour. You can visit the Tanzanian immigration portal for the latest rules and advice and to apply: <https://visa.immigration.go.tz/guidelines>

## Cash and finances

**United States Dollars (USD \$)** bank notes must be printed in 2007 or later as notes printed before this year are not accepted anywhere in Tanzania and not legal tender. You should only pay for up to \$49 in small notes (\$1,\$2,\$5,\$10,\$20) and all larger amounts should be paid using \$50 or \$100 bank notes.

**Euros (EUR €) or Pounds (GBP £)** bank notes can be accepted by Shah Tours and Travels for payments when pre-arranged, however not all suppliers (e.g., your hotels, curio shops etc.) will accept these. Exchange rates will vary against USD for these currencies.

**Tanzanian Shillings (TZS /=)** is the national currency however most tourists will use United States Dollars (USD \$) which are widely accepted throughout Tanzania for tourist services as the preferred currency for payments. You may also receive change for USD payments in Tanzanian Shillings where USD notes are not available.

**Visa and Mastercard** – You may be able to make card payments using VISA or MASTERCARD to various suppliers or your hotels however this method generally incurs up to 5% in payment processing surcharges. Card payment providers may not be 100% reliable or always available and we can never guarantee these services and highly recommend keeping cash (USD \$) for emergencies or payments.

**ATMs and withdrawing cash** – You can only withdraw Tanzanian Shillings (TZS) from local ATM's and cannot withdraw USD or any other currency. If you are planning on paying for services in cash

**FOREX** – You can only convert many major foreign currencies at banks subject to their opening hours. When paying for a tour in a foreign currency (including TZS) you will be subject to an exchange rate against USD \$.

**Travellers' cheques** – Are not accepted in Tanzania

## Plastic bags

The importation of plastic bags (regardless of thickness) is banned in Tanzania. You should ensure that you do not have any of these bags on your person or in your luggage before you arrive in Tanzania as fines may be incurred if discovered. Zip-loc bags will be allowed (e.g., those used for liquids in flights. Please consider eco-friendly alternatives.

## Arrivals

For airport pick-ups arranged by us, clients should make their way to the arrivals and look out for drivers wearing uniformed t-shirts, unless and otherwise organised. Drivers will hold placards with our logo at the top and group name at the bottom unless and otherwise organised. If in case clients are not able to spot the driver, the client may enquire with other drivers to be directed to the correct person or call our emergency number listed above.

## Delayed / lost luggage

Luggage maybe lost or delayed by the airline or transportation which can cause major problems for planned tours. We advise clients to travel with all essential items required in their hand luggage e.g., walking boots (if trekking), valuables, medication etc. Furthermore, we strongly advise clients to arrive at least one / two days prior to the start date of the actual tour. If luggage is delayed / lost client must fill in the luggage claim form at the airport itself and carry a copy with them. We will do everything possible to help during this situation, however any additional costs that may occur, e.g., extra equipment hire, transport to the airport, transportation of luggage etc. will have to be paid immediately (and claimed from the company of transportation or insurance). The nature of most tours means there can be no changes to the itinerary due to such incidences and where changed cancellation & rebooking fees could apply.

## Other costs to expect

You can expect to incur additional charges such as items mentioned in your 'excludes' or 'add-ons' section if required, costs incurred due to delayed / lost luggage (e.g., rental equipment, clothing, transportation for luggage, extra airport transfers), costs incurred due to itinerary changes (e.g., extra transfers, non-group shared transfers, accommodation, services) and personal extras (e.g., drinks, alcohol, snacks, souvenirs, add-ons not listed in your 'includes'. No compensation will be offered for unused services including services booked on alternative days which also may not be transferrable to another date (e.g. accommodation, transfers).

## Connectivity and electricity

Phone and internet connections can be extremely variable especially in remote areas or national parks. Sim cards are available locally (may need time on an itinerary to complete biometric registration) and although public Wifi is available at many tourist lodges, it cannot be relied upon or may not be available throughout properties. The most common plug type in Tanzania is 'Type G' and voltage 230V. 'Type D' plugs may be found in older establishments. Tourists may need convertors or adaptors.

## Drones and professional filming

Use of drones inside National parks in Tanzania requires a special permission from government institutions. Professional filming also requires special permission from government institutions. Please contact your tour consultant for more information if you feel any devices may be considered drones or professional filming equipment.